

COUNCIL WORKSHOP ITEM

ITEM: DuPage Senior Citizens Council Request for Funding for Fiscal Year 2001/2002
DATE: February 21, 2001
PREPARED BY: Barbara Leiber, Director, Social and Health Services
PURPOSE: Recommendation to fund the DuPage Senior Citizens Council (DSCC) request for \$18,277. These funds will support the DSCC home delivered meal/nutrition and home maintenance programs.

DISCUSSION:

The DuPage Senior Citizens Council is requesting \$18, 277 for the FY 2001/2002 budget. These funds are requested to support the DSCC home delivered meals/ nutrition and home maintenance programs. The attached information from DSCC shows that both these programs provide support for senior citizens living in Downers Grove. The home delivered meals provide a nutritious meal and a brief friendly visit from a volunteer delivering the meal. DSCC reports delivering 25,959 meals to 258 homebound seniors living in Downers Grove last year. The home maintenance program offers low cost, affordable minor repairs and referrals to reputable contractors for repairs beyond the program's scope. Generally, the cost of the repairs through home maintenance averages about \$40 per hour for the senior. The rest of the cost is paid for by DSCC. DSCC reports 78 senior homeowners in Downers Grove using the home maintenance program last year.

The Village has funded DSCC for the last three years. Funding for FY 98/99 was \$11, 075, for 99/00 funding was \$17,455 and for 00/01 funding was \$21,853.

ATTACHMENT:

The DuPage Senior Citizens Council request is attached.

RECOMMENDATION:

Fund the DSCC home delivered meals/nutrition program and the home maintenance program at the requested amount, \$18,277.



Established 1975

DUPAGE SENIOR CITIZENS COUNCIL

A not-for-profit association dedicated to helping older people

December 22, 2000

RECEIVED DEC 28 2000

Michael McCurdy
Manager
Village of Downers Grove
801 Burlington Avenue
Downers Grove, IL 60515

Dear Mr. McCurdy,

As President of DuPage Senior Citizens Council, I thank you for your past support and for taking the time to read and consider our enclosed proposal. The enclosed proposal asks that you renew your support of our home delivered meals and home maintenance programs. Your assistance is needed to meet the challenge of providing service to all qualifying seniors in need of our services – regardless of their financial ability to contribute to the cost of service. With your financial assistance for these programs, which comes to a combined total of \$18,276.63, we will be able to better serve the seniors who reside in the Village of Downers Grove.

For the past 25 years the Council has been offering a complement of services to help seniors thrive in the community. Today, these services include home delivered meals, congregate dining, minor home repairs, safety installations, and advocacy/education on relevant senior issues. Each of these programs are essential in helping seniors improve their quality of life and maintain dignity. Without these programs, seniors would not be able to remain at home and continue to age in place.

As you know, your support of these programs simultaneously benefits seniors requiring minor assistance, while benefiting your community's infrastructure and helping maintain the property values in Downers Grove. In our last fiscal year the Council provided a total of 25,959 meals to 258 homebound seniors who relied on us for their daily meal. Our Home Maintenance Program assisted 78 homeowners with a variety of home repairs, safety installations, and referrals.

Working together, we can continue to help seniors maintain their best possible health, lessen the isolation and fear experienced by many elderly, and ensure a safe, functional, and

2200 S. Main Street, Suite 308 ▲ Lombard, IL 60148-5366

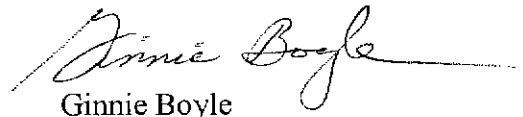
Office 630/620-0804 ▲ Fax 630/620-1158 ▲ Nutrition/Natural Helpers 630/620-9749 ▲ Home Maintenance 630/620-9794
Email mail@dupageseniorcouncil.org

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sanitary living environment. With your assistance we can help the frail elderly to improve the quality of their life and maintain dignity as they remain in the home and community where they have long resided. Again, I thank you for your past support and for your consideration of this request. Should you need any additional information, please contact Patti Terkovich or me at 630/620-0804. We look forward to your response.

Sincerely,

A handwritten signature in cursive script that reads "Ginnie Boyle". The signature is written in black ink and extends to the right with a long horizontal flourish.

Ginnie Boyle
President, Board of Directors

Enc.

cc: Mayor Brian Krajewski

DuPage Senior Citizens Council
Proposal to the Village of Downers Grove
Requesting Funding for Nutrition and Home Maintenance Services

Executive Summary

The Village of Downers Grove has been a supporter of DuPage Senior Citizens Council's home delivered meals and home maintenance programs. We are asking for your continued support of these programs and request that you consider contributing toward these services for your new fiscal year. Both of these programs are essential in building the infrastructure of the municipality while helping older people to remain in their homes, safely, healthfully, and with dignity. Your support of these important programs is needed to assure continuity of service.

About DuPage Senior Citizens Council

Established in 1975, DuPage Senior Citizens Council (DSCC) is a community-based, volunteer-driven, 501 (C) (3) not-for-profit agency dedicated to helping persons of all ages understand and respond to the needs and concerns of older people. DSCC was originally formed to identify service needs for seniors. DSCC now offers a variety of services such as home delivered meals, congregate dining, minor home repairs, safety installations, and advocacy/education on relevant senior issues. These programs are essential in helping seniors improve their quality of life and maintain their dignity as they continue to live in their homes and community.

DSCC provided direct services for more than 6,400 seniors throughout DuPage County in Fiscal Year '00. Although we define "seniors" as anyone over 60 years of age, during FY '00 about 67% of our clients were age 75+ and 70% were women.

Our services maintain a personal caring touch and low operating costs thanks to our corps of dedicated volunteers. Approximately 78% of the Council's resources are spent on direct service.

Community Need

The Social Security Administration reports that Downers Grove has approximately 7,768 seniors age 65+ who have retired. This number is significant as it represents about 17% of Downers Grove's current population of 46,858. It is also significant because it identifies the population who may soon need some minimal assistance in order to remain at home.

It is imperative that as our society continues to age we have community programs that provide basic human needs such as food and safe shelter in place to serve seniors in need. Our elders should not have to hide the fact that they are too frail to shop for food or cook a meal, live in an unsafe home environment, or isolate themselves from their community for fear of being institutionalized or victimized. DSCC's home delivered meals and home maintenance programs

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address these needs so seniors can obtain the assistance they need in order to remain a part of the community many have lived in for their entire life.

Service Provided to Downers Grove Seniors

Last fiscal year, 258 senior residents consumed a total of 25,959 in Downers Grove. Most seniors who participate in our home delivered meal program are the very frail elderly or seniors who have just come home from the hospital and need temporary assistance while recuperating. Proper nutrition is essential in order for people to maintain their best possible physical and mental health-particularly for those whose health is failing.

Each weekday volunteers of all ages gather at our local dining center to pick up their route slips and the meals to be delivered to homebound elderly. For those who are without family support, we also provide Saturday and holiday meals. Another component to the meal delivery is that the brief visit by our volunteers provides a constant monitoring system of the participant's wellbeing. Our volunteers are trained to watch for signs of problems and how to respond if they find a senior in distress. During our last fiscal year about 165 Downers Grove residents volunteered their time to deliver meals and check on their senior neighbors.

There were 380 of your senior residents who enjoyed a total of 14,312 meals at our congregate dining center. Congregate dining centers help the more mobile seniors to meet their nutritional needs and help to lessen the isolation often experienced by older people.

DSCC also assisted 78 of your senior homeowners through our Home Maintenance Program. Our staff performed 87 hours of service in Downers Grove. This included installation of safety equipment, assessments, referrals, and minor carpentry, electrical and plumbing repairs. Each of these services improved the functional use, safety, and value of each of these homes.

Objectives

DSCC is striving to meet several important objectives through our programs. It has been a long-standing priority of DSCC to serve all DuPage seniors who need our services, and to avoid developing waiting lists. Waiting lists often lead to costly premature institutionalization and to the detriment of the senior, their family, and community.

Our home delivered meals and home maintenance programs help seniors maintain their best possible health, lessen the isolation and fear experienced by many elderly, and ensure a safe, functional, and sanitary living environment. These programs serve a double purpose: they simultaneously benefit seniors who require assistance, while benefiting your community's infrastructure.

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Program Costs

In DSCC's FY 2001 it will cost \$2,210, 400 to operate its various programs. While most of the cost is currently covered in part by client payments (33%), Federal/State grants (39%), USDA (8%), and United Way (7%), the remaining 13% of our program costs must be raised from other sources such as corporations, foundations, individuals, townships, and municipalities.

Request

DSCC is requesting that the Village of Downers Grove renew its annual support of our work and contribute toward the cost of the home delivered meals and the home maintenance service hours that will be provided in your community.

It costs only \$5.79 to serve a home delivered meal to a homebound senior. The majority of the cost is covered by the sources mentioned above. However, we have a remaining cost gap of 57¢ per meal. Senior residents of Downers Grove received a total of 25,959 meals during Fiscal Year '00. DSCC is projecting to do about the same amount of service in this coming year. We are requesting a contribution of 57¢ per meal for 25,959 home delivered meals. This comes to \$14,796.63.

To meet the cost of a home maintenance service hour we need to raise funds to close the cost-gap which is about \$66 per hour. We continue to seek other sources to meet this expense. We are projecting to do about the same amount of service as we did in our last year and are requesting a contribution of \$40 per service hour for 87 service hours. This comes to \$3,480.00.

We appreciate your past support and your consideration of these requests which combined equal \$18,276.63. Your continued support is vital in our efforts to help seniors remain safely, healthfully, and with dignity in their own homes and community.

DUPAGE SENIOR CITIZENS COUNCIL

OPERATING BUDGET

YEAR ENDING SEPTEMBER 30, 2001

REVENUE:

NUTRITION PROJECT INCOME	675,840	
FEDERAL / STATE TITLE III GRANT	742,740	
USDA COMMODITY REIMBURSEMENT	174,490	
HOME MAINTENANCE PROJECT INCOME	48,300	
CDBG HOME MAINTENANCE GRANT	123,960	
UNITED WAY	155,000	
MUNICIPALITY/TOWNSHIP GRANTS	102,000	
DUPAGE COUNTY GRANT	30,000	
COMMUNITY MEMORIAL GRANT	34,230	
RETIREMENT RESEARCH GRANT	16,110	
CROP WALK	1,500	
CONTRIBUTIONS, FUND RAISERS AND OTHER GRANTS	80,460	
PUBLICATION ADVERTISING	5,000	
RESALE SHOP PROFIT	12,770	
INCOME ON INVESTMENTS	8,000	
	<u> </u>	
TOTAL REVENUE		<u><u>\$ 2,210,400</u></u>

EXPENSES:

NUTRITION PROGRAM:		
PERSONNEL	495,340	
OCCUPANCY	14,790	
FOOD	986,380	
TRAVEL & DELIVERY	5,000	
EQUIPMENT & SUPPLIES	30,490	
ALL OTHER	20,110	
	<u> </u>	1,552,110
HOME MAINTENANCE PROGRAM:		
PERSONNEL	125,800	
OCCUPANCY	5,220	
MATERIAL	56,010	
TRAVEL	4,750	
ALL OTHER	13,860	
	<u> </u>	205,640
GENERAL & ADMINISTRATIVE		333,620
FUND RAISING		<u>119,030</u>
TOTAL EXPENSES		<u><u>\$ 2,210,400</u></u>