



Planning for Hot/Cold Weather



Severe Weather

When temperatures reach extreme highs or lows, the Village will enact the Severe Weather Plan, which provides emergency assistance to residents in need of shelter due to extreme weather conditions and/or loss of heat or air conditioning.

POWER FAILURES

It is not uncommon to experience isolated incidents of power loss during an extreme weather event. Contact ComEd at 1-800-334-7661 to report any outages.

Turn off any light switches or appliances that are not necessary. This will avoid surging and equipment damage when power is restored.

CONDUCT WELL-BEING CHECKS

In any case of extreme weather, check on the well-being of friends and neighbors, especially the elderly who may be homebound. They may be in need of special assistance and reluctant to ask for help.



Hot Weather Tips

KEEPING COOL

- Wear light colors, sunscreen and stay indoors or out of the sun when possible.
- Wear a hat and protective sunglasses.
- Drink plenty of water and eat well-balanced meals, especially quick energy foods such as raisins and other dried fruit.

BE ALERT FOR SIGNS OF HEAT SICKNESS

Heat Cramps: Muscle cramping, profuse sweating, nausea and muscle irritation.

Heat Exhaustion: Pale, cool/clammy skin, dizziness, weakness, muscle irritation.

Heat Stroke: Dry, possibly hot-red skin, altered levels of consciousness

Should you experience these symptoms, seek medical attention or call 9-1-1.





Cold Weather Tips

KEEPING WARM

- Dress in layers of protective clothing.
- Keep all exposed skin covered with hats, gloves, scarves, earmuffs, etc.
- Eat well balanced meals, especially quick energy foods such as raisins and other dried fruit.

BE ALERT FOR SIGNS OF FROSTBITE/EXPOSURE

Frostbite: White or pale fingers/toes. If symptoms are detected, try to warm the area and contact your doctor.

Exposure: Uncontrollable shivering, memory lapses, slurred speech, immobile or fumbling hands, frequent stumbling, apparent exhaustion, inability to get up after rest.

Should you experience these symptoms, seek medical attention or call 9-1-1.



Cold Weather Tips

PREVENT FREEZING PIPES

- Wrap pipes in insulation, if possible.
- Turn faucets on and let water trickle to avoid freezing.
- Open cabinet doors to allow room heat to circulate around pipes.
- If a water pipe bursts, shut off the main water valve to the house.
- If you are unable to obtain water from any water source within your dwelling, contact Public Works at (630) 434-5460.



Winter Driving Tips

- **Maintain Your Car.** Check battery and tire tread. Be sure that tires are fully inflated. Check your antifreeze. Use a no-freeze windshield solvent in your washer fluid reservoir.
- Keep your vehicle's windows free and clear of snow, ice and other obstructions. Be sure that headlights and brake lights are not covered by snow.
- Keep the gas tank level at "full," especially when the mercury drops below freezing.
- Prepare a survival kit and keep it in your car for emergencies. The kit should include: blanket, candles, matches, flashlight, non-perishable food, water, extra clothes, facial tissues, shovel, flares, jumper cables, tools, and a windshield scraper.
- Allow plenty of time to arrive at your destination and adjust your speed according to road conditions.
- If you are stopped or stalled, stay with your car. Put bright markers on the antenna or windows and shine dome light. If you run the car, clear the exhaust pipe and run it just enough to stay warm.